

European School of Internal Medicine in Puglia 2026
Winter School

Morning lessons



Sunday 15 feb	Monday 16 feb	Tuesday 17 feb	Wednesday 18 feb	Thursday 19 feb	Friday 20 feb	Saturday 21 feb
	7.30 – 8.30 Breakfast	8.00 – 9.00 Breakfast	7.30 – 8.30 Breakfast	7.30 – 8.30 Breakfast	7.30 – 8.30 Breakfast	
	8.30 – 9.00 Welcome and introduction HUELGAS GOMEZ RICARDO + MONTAGNANI ANDREA + DENTALI FRANCESCO + LENTI SALVATORE + MASTROIANNI FRANCO	09.00 – 9.30 NIV in hypoxemic respiratory failure VANNUCCHI VIERI (ITALY)	8.30 – 9.15 Frontier training in Internal Medicine: Exclusive FADOI Advanced Simulation Projects PATRIZIA ANGELOTTI (ACCURATE - ITALY)	8.30 – 9.30 Unusual indications for NIV PARA OMBRETTA (ITALY)	8.30 – 9.30 Vaccination indications for the frail patient DENTALI FRANCESCO (ITALY)	
	9.00 – 10.00 Bone metabolism and osteoporosis in Internal Medicine MONTAGNANI ANDREA (ITALY)					
		9.30 – 10.00 NIV in hypercapnic respiratory failure VANNUCCHI VIERI (ITALY)	9.15 Departure for Galeone Equestrian Center	9.30 – 10.00 Ultrasound signs of the heart FICI ALDO (ITALY)	9.30 – 10.00 Ultrasound signs of the abdomen COLAVOLPE LUCIA (ITALY)	
Welcome! Residents arrive today (before 18.00) 19.30 Dinner at the Masseria	10.00 – 13.30 Guided Tour of the Castellana Caves*	10.00 – 10.30 Fundamental principles of ultrasound and machine settings TAZEGUL GOKHAN (TURKEY)	10.15 – 10.45 Ultrasound signs of the thorax/lungs: focus on interstitial patterns in connective tissue diseases BENMEDIOUNI FAROUK (ALGERIA)	10.00 – 11.00 Obesity and CV risk: assessment and pharmacotherapy MAFFETTONE ADA (ITALY)	10.00 – 11.00 Opportunities for the young Internists with EFIM DALEKOS GEORGE (GREECE)	Breakfast and packing Residents depart in the morning. 12.00 Check out
		10.30 – 11.00 Coffee break	10.45 – 11.30 Malnutrition and sarcopenia in Internal Medicine MORBIDONI LAURA (ITALY)			
		11.00 – 12.00 Intravenous and fluids therapy REZOAGLI EMANUELE (ITALY)	11.30 – 12.00 Observational studies DENTALI FRANCESCO (ITALY)	11.00 – 11.30 Coffee break	11.00 – 11.30 Coffee break	Have a good and safe trip home!
		12.00 – 13.00 Metabolic Dysfunction – Associated Steatotic Liver Disease PICCOLO PAOLA (ITALY)	12.00 – 13.00 Fluid and nutritional therapy of hospitalized non-ICU patients TOUKKARI ANNA (FINLAND)	11.30 – 12.30 Ethical difficulties SÄVERVALL CHRISTINE (SWEDEN)	11.30 – 12.00 Meta-analyses DENTALI FRANCESCO (ITALY)	
				12.00 – 12.30 Lecture: Clinical appropriateness: from bedside to the environment MONTANO NICOLA (ITALY)	12.30 – 13.30 Artificial Intelligence in Internal Medicine: A Practical Guide to Understanding the Basics DI BELLO FABIO (ITALY)	
				12.30 – 13.30 Main infections in Internal Medicine and therapeutic guidelines UNAL SERHAT (TURKEY)		
	13.30 – 15.00 Light lunch at the Masseria	13.00 – 14.30 Light lunch at the Masseria	13.00 – 14.00 Light lunch at the Galeone Equestrian Center	13.30 – 15.00 Light lunch at the Masseria	13.30 – 15.00 Light lunch at the Masseria	

Afternoon lessons



Sunday 15 feb	Monday 16 feb	Tuesday 17 feb	Wednesday 18 feb	Thursday 19 feb	Friday 20 feb	Saturday 21 feb	
Welcome! Residents arrive today (before 18.00) 19.30 Dinner at the Masseria	13.30 – 15.00 Light lunch at the Masseria	13.00 – 14.30 Light lunch at the Masseria	13.00 – 14.00 Light lunch at Galeone Equestrian Center 14.00 – 14.10 Welcome by General of Carabinieri MANICONE RAFFAELE PIO (ITALY)	13.30 – 15.00 Light lunch at the Masseria	13.30 – 15.00 Light lunch at the Masseria	Breakfast and packing Residents depart in the morning. 12.00 Check out Have a good and safe trip home!	
	15.00 – 16.00 Delivering Difficult News: Empathy, Challenges and Strategies HUELGAS GOMEZ RICARDO (SPAIN)	14.30 – 15.30 Indications for enteral and parenteral nutrition during hospitalization, with clinical case discussion BUSO ROBERTA (ITALY)	14.10 – 17.00 Visit to Galeone Equestrian Center	15.00 – 15.30 Focus on heart failure MANFELLOTTO DARIO (ITALY)	15.00 – 15.30 Ultrasound clinical cases COLAVOLPE LUCIA + FICI ALDO (ITALY)		
		15.30 – 16.00 Ultrasound signs of venous vessels: focus on deep vein thrombosis TAZEGUL GOKHAN (TURKEY)		15.30 – 18.30 Ultrasound Practical session MUMOLI NICOLA + COLAVOLPE LUCIA + FICI ALDO (ITALY)	15.30 – 16.30 Telemedicine in internal medicine: a view of the future or present reality PIETRANTONIO FILOMENA (ITALY)		
	16.00 – 19.00 General principles of NIV: indications, contraindications, modes, settings, monitoring, interfaces + NIV Practical session VANNUCCHI VIERI (ITALY)	16.00 – 16.30 Randomized Controlled Trials PICCOLO PAOLA (ITALY)			17.00-19.30 Trip to Trulli of Alberobello*		16.30 – 17.30 Novelties in management of COPD patients PIERALLI FILIPPO (ITALY)
		16.30 – 17.30 Clinical Cases: Primary and secondary prevention BUSO ROBERTA (ITALY)					17.30 – 19.30 A handmade Barese pasta experience*
		17.30 – 19.30 Carnival Make-up					
	19.30 Dinner at the Masseria	19.30 Dinner at the Masseria	19.30 Return to Masseria	19.00 Winery with wine tasting* and light dinner	19.30 Dinner at the Masseria		
		Carnival party* with Cocktail demonstration* and Dj Set	20.30 Dinner at the Masseria				

Ventilation lessons

Ultrasound lessons

Nutrition in Internal Medicine lessons

Critically ill patient lessons

Primer in evaluation and revision of medical literature lessons

Antibiotic Therapy, Healthcare-Associated Infections

***Activities**

There will be a programme of social activities during the week:

- **Monday 16 feb**

- **Guided Tour of the Castellana Caves**

- The Castellana Caves in Puglia are an underground karst system with stunning stalactites and stalagmites. Visitors can choose between two guided itineraries to explore these natural wonders.

- **Tuesday 17 feb**

- **Carnival party**

- A special Carnival party will be organized to give participants a taste of local culture and tradition with colourful masks, costumes, streamers, and lights, creating a festive and welcoming atmosphere to embrace the spirit of Carnival. The evening offered a perfect balance between professional networking and cultural immersion, making the School experience truly memorable.

- **Cocktail demonstration experience**

- A cocktail demonstration experience with a bartender allows participants to learn mixology techniques, ingredients, and presentation styles in an interactive setting. Attendees can taste the cocktails prepared during the session, making it a fun and engaging activity.

- **Wednesday 18 feb**

- **Visit to Galeone Equestrian Center**

- Thanks to a collaboration between Arma dei Carabinieri and FADOI, the residents of the school will have the honor of visiting *Equestrian Center - Galeone*, managed by the Carabinieri Biodiversity Department, dedicated to the selective breeding, training, and preservation of native Italian horse breeds, supporting environmental protection and heritage conservation.

- **Trip to the Trulli of Alberobello**

- A guided tour of Alberobello offers the chance to explore the Trulli, ancient stone dwellings with conical roofs, a UNESCO World Heritage site. The experience includes visiting historic districts and entering a trullo to learn about its structure and history.

- **Thursday 19 feb**

- **Visit to a local winery with tasting and light dinner**

- Polvanera is a winery located in Puglia, Italy, known for its commitment to sustainable viticulture and a rich variety of wines, including renowned local varietals. They produce wines that reflect the unique characteristics of the terroir. Polvanera offers wine tastings and tours, allowing visitors to experience their wines and the beautiful surrounding landscape.

- **Friday 20 feb**

- **A handmade Barese pasta experience**

- A handmade Barese pasta experience offers a deep dive into Puglia's culinary traditions by learning to make the iconic orecchiette. With guidance from local experts, participants craft fresh pasta using traditional methods. A competition will be organized among participants to prepare the most similar Orecchiette to the original, with a delicious prize for the winner!

Faculty

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